



I hereby certify that this correspondence is being filed by depositing it with the United States Postal Service as first class mail in an envelope with sufficient postage and addressed to MS: RCE, Commissioner of Patents, P.O. Box 1450, Alexandria, VA 22313-1450 on the date indicated below.

Date: March 12, 2007

Signed: _____

Peter K. Trzyna (Reg. No. 32,601)

PATENT

Paper No.

File: Hinne-P3-01

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Inventor	:	Michael Hinnebusch
Serial No.	:	10/015,866
Filed	:	12 December 2001
For	:	SYSTEM AND METHOD TO IMPROVE FITNESS TRAINING
Group Art Unit	:	3639
Examiner	:	NELSON, Freda Ann

MS: RCE
Commissioner of Patents
P.O. Box 1450
Alexandria, VA 22313-1450

TRANSMITTAL LETTER

SIR:

Transmitted herewith for filing in the above-identified patent application is the following:

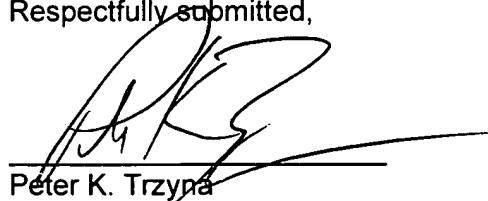
1. Request for Continued Examination Transmittal; and
2. Amendment and Remarks; and
3. Petition for Extension of Time.

APPLICANT CLAIMS SMALL ENTITY STATUS. The Commissioner is hereby authorized to charge any fees associated with the above-identified patent application or credit any

overcharges to Deposit Account No. 50-0235.

Please direct all correspondence to the undersigned at the address given below.

Respectfully submitted,

A handwritten signature in dark ink, appearing to be 'P. K. Trzyna', written over a horizontal line.

Peter K. Trzyna
(Reg. No. 32,601)

Date: March 12, 2007

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